

# **COACHING AT TCC**

Pursuing a coaching pathway in calisthenics takes commitment but is a rewarding experience for all involved. TCC always welcomes assistants and offers a comprehensive pathway to support your coaching journey.

#### **ELIGIBILITY**

Members may assist as class helpers from 12 years. Class Helpers must be a minimum of 2 age groups older than the section they assist, with the exception of Seniors and Masters. For example:

Juniors may assist Tinies; Inters may assist Subbies & Tinies.

Seniors may assist any age group however first year Seniors may not assist in Inters.

#### **SCHOLARSHIPS**

Our Cadet and Level 1
scholarships help cover the costs
of course fees, First Aid courses,
and seminars and workshops.
To be eligible, you must have
been assisting as a class helper
for at least 12 months and
complete the application form
online. This is published in Term
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Successful candidates are announced at the Annual Concert.

#### **ACCREDITATION**

Calisthenics Coaching
Accreditation is provided through
the Victorian Calisthenics
Coaches Association (VCCA) on
behalf of the Australian
Calisthenics Federation (ACF).
All Victorian Coaches are
required to attend regular
professional development and
qualification updates

## **QUALIFICATIONS**

Class Helpers under the age of 14 do not require any prior qualifications.

The Assistants & Helpers Course is a requirement from the age of 14 and over.

First Aid and CPR is required from the age of 16 and over.

A Working with Children Check is required from the age of 18 and over.

### **COACHING PATHWAYS**

- · Volunteer as Class Helper
- Complete Helpers & Assistants Course
- 12months minimum
- Complete Grade 3
- Complete Cadet Course (16+)
- 1-2 years minimum
- Complete Level 1 course (18+)
- Complete 40 hours of supervised coaching
- Attain accreditation
- 12 months minimum
- Complete Coach Effectiveness
   Audit before first re-accreditation,

You do not have to complete all the qualifications; whatever your coaching pathway, TCC is here to support you

#### CONTACT

Secretary: Melinda Mondon tooradincalisthenicssec@gmail.com

or visit CVI's website: www.calisthenics.asn.au/